



FOR IMMEDIATE RELEASE

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**Otherhood and Mirabella Café Team Up
Offering South Jersey Moms a Lunch and Learn Series**

(Cherry Hill, NJ) On January 15, 2009 at 11:30am Otherhood will offer it's first Lunch and Learn series at Mirabella Café in Cherry Hill, New Jersey. Otherhood's luncheons are for moms and their babies (12 months and younger). Women will enjoy great conversation with other moms, a yummy lunch and the opportunity to hear from expert speakers. Mirabella Café is a baby friendly restaurant and makes moms and their little ones feel right at home.

The first luncheon Guest Speaker Joan-e Rapine, Certified Childbirth Educator, will educate participants on *Baby's First Year*. The workshop will allow expecting and new moms to get in touch with their parenting instincts and join us as we explore ways of meeting your baby's emotional and physical needs in the first few months and as they change throughout the first year. We will also examine postpartum emotions, transition and adjustment in the household and where to get help when you need it.

Otherhood's Lunch and Learn Series is a monthly workshop covering a wide range of topics for mothers including starting solids and how to make homemade baby food, infant safety, tips on getting your baby to sleep, ask the pediatrician, green living and lots more. Everyone that attends will receive a gift bag filled with lots of goodies and several lucky moms will go home with exciting door prizes. Price for this event is \$30.00.

The workshops will take place at Mirabella's Café located at Barclay Farms Shopping Center -210 East Route 70 Cherry Hill, NJ 08034. To register or for more information on our events please visit our website at www.otherhoodllc.com or email info@otherhoodllc.com.

Otherhood, LLC. is a social event company offering parenting seminars, luncheons and special events for new, expectant and seasoned mothers in the Southern New Jersey area. Otherhood aims to provide a supportive forum where mothers can meet and mingle, listen to expert speakers and discuss topics relevant to both motherhood and what we call 'otherhood', going beyond just being a mother!
