



**FOR IMMEDIATE RELEASE**

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**Healthy Start for a HappyBaby**

A Lunch & Learn Series Hosted by Otherhood, LLC.



(Cherry Hill, NJ) Otherhood LLC. will host their second Luncheon on February 5, 2009 at 11:30am at Mirabella Café in Cherry Hill, New Jersey. At this luncheon, guest speaker, Trina O'Boyle from HappyBaby Food, will teach moms how to make easy meals their babies will love. She will also cover food preparation, the benefits of choosing organic food, nutrition, and demonstrate how to make homemade baby food. Moms will be able to treat their babies to fresh organic food samples from HappyBaby and discover new ways to put together creative meals.

Tina Seitzinger, co-owner of Otherhood, LLC, knows first hand the challenges of raising a newborn, "Having a newborn can leave you feeling excited, tired and at times lonely. Even being a second time mom I find every day can be a challenge. Our idea behind our Lunch and Learn Series is to have women come together, enjoy nice conversation, meet new friends and learn about different topics that are relevant to having a newborn," she says. "It is comforting to know that other women feel the same way and getting out and connecting with them can be very empowering and make a difference in your life."

Otherhood's Lunch and Learn Series is a monthly workshop for moms and their babies (12 months and younger) where women will enjoy great conversation with other moms, a yummy lunch and the opportunity to hear from expert speakers on a wide range of topics. Mirabella Café is a baby friendly restaurant and makes moms and their little ones feel right at home. Lunches are \$30 and many include a gift bag filled with goodies and a chance to win exciting baby products.

The workshops will take place at Mirabella's Café in their new private dining room. Mirabella Cafe is located at Barclay Farms Shopping Center -210 East Route 70 Cherry Hill, NJ 08034. To register or for more information on our events please visit our website at [www.otherhoodllc.com](http://www.otherhoodllc.com) or email [info@otherhoodllc.com](mailto:info@otherhoodllc.com).

Otherhood, LLC. is a social event company offering parenting seminars, luncheons and special events for new, expectant and seasoned mothers in the Southern New Jersey area. Otherhood aims to provide a supportive forum where mothers can meet and mingle, listen to expert speakers and discuss topics relevant to both motherhood and what we call 'otherhood', going beyond just being a mother!

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